

NAME: _____

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Assessments**Unit 4 Review Test 1****Section 1: Listening Part A**

||| Listen to the radio interview with a famous actor. Then choose the correct answer to each question, according to the information.

1. What is the main topic of the interview?
 - a. how the actor learned to handle his anger
 - b. the disadvantages of being famous
 - c. how exercise can help blow off steam
2. How do Rich's frustrations with fame affect his personal life?
 - a. He totally loses it when fans don't allow him any privacy.
 - b. He works long hours on movie shoots and has no time for family.
 - c. He overreacts and yells at his kids when they misbehave.
3. What coping strategy does Rich practice to calm himself?
 - a. He goes for a long bike ride.
 - b. He takes several deep breaths.
 - c. He avoids expressing his emotions.

Section 1: Listening Part B

||| Listen to the radio interview again. What can you infer about the speakers, according to the information? Choose the correct phrase to complete each statement.

4. In the cellphone videos that were posted online, Rich probably _____.
 - a. expressed his emotions in an assertive, but not aggressive way
 - b. lost his temper with his kids for misbehaving at home
 - c. yelled at or pushed the Paparazzi for invading his privacy
5. If the media wrote hurtful things about Janet, she would probably _____.
 - a. let off steam by going for a run or bike ride
 - b. vent her anger by talking with her husband
 - c. fly off the handle and respond with anger

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Section 2: Vocabulary Part A**Choose the correct word to complete each statement.**

6. Sonia is such a (**perfectionist / procrastinator / hothead**) that she'll never finish writing her novel. She keeps finding things wrong with it and never considers it done.
7. Eli is (**disorganized / oversensitive / controlling**). You have to be careful when giving him negative feedback because it can make him upset.
8. Heath is a (**perfectionist / procrastinator / judgmental**). He rarely starts his projects until the day before they are due.
9. Tom is so (**disorganized / negative / controlling**) that can never find anything and he's always forgetting about appointments.

Section 2: Vocabulary Part B**Choose the correct word or phrase from the box to complete each statement.****There is one extra choice.**

flip out	hold it in	shrug it off	vent	let off steam
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10. When we tell Bill about this, he's going to _____. He always loses his temper about these kinds of things!
11. Mark likes to _____ by going for a run. He says he always feels better after exercise.
12. Instead of letting go of her anger, Sharon tends to _____ and not talk to anyone about it.
13. Whenever Lana gets angry, she tries to _____ and not let the situation bother her.

Section 3: Grammar Part A**Combine the sentences. Complete the cleft sentences starting with What or It.****Examples:** You are disorganized. It bothers me.What bothers me is that you are disorganized.

She told me about the problem. Her name was Susan.

It was Susan who told me about the problem.

14. I stayed calm. It surprised me.

What _____

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15. He was bugging me. His name was Frank.

It _____

16. It drove me crazy. It was my roommate's music.

It _____

17. My sister is so hot-tempered. It upsets me.

What _____

Section 3: Grammar Part B**Choose the correct word or phrase to complete each statement.**18. Ryan needs to apologize for what he said to me. (**Otherwise / On the other hand / Even if**), I won't forgive him.19. (**If only / Moreover / Even if**) I seem calm, I'm actually still very upset about the situation.20. I'll tell you what's bothering me (**only if / unless / despite the fact that**) you promise not to tell our friends. I don't want anyone else to know.21. I'm not going to be able to finish this project (**only if / unless / if only**) my manager gives me more time.**Section 4: Speaking Part A****Choose the correct phrases to complete the conversation. There is one extra choice.**

a little disrespectful	talk about something	What bothered me
it was so obvious	mean to be rude	

A: Steve, we need to **22.** _____.

B: Of course, Mike. What's wrong?

A: Well, during the meeting this afternoon, you kept working on your laptop. It seemed **23.** _____.B: You're right. I had a lot of emails to answer. I didn't realize **24.** _____.A: **25.** _____ was that you clearly weren't paying attention. The sales team put a lot of effort into their presentation and I'm sure they noticed.

B: Sorry. I feel terrible. I'll apologize to them.

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Section 4: Speaking Part B**Choose the correct language to complete each conversation.****26. A:** I think you were a little disrespectful to Greg during the meeting.**B:** Was I? _____. I feel bad. I'll go apologize to him right now.

- a. On the contrary
- b. I didn't realize it was so obvious
- c. I didn't mean to be rude

27. A: I hope you don't mind me giving you this feedback.**B:** _____. I'm glad you told me what's on your mind. It's very helpful.

- a. On the contrary
- b. You're right
- c. Of course

28. A: Tina, there's something _____.**B:** Of course, Jane. What's wrong?

- a. about an issue I'm having
- b. what's on my mind
- c. I need to bring up

29. A: I don't want to _____, but I think you should apologize to your teacher.**B:** You're right. I'll talk to her today before class.

- a. point this out to you
- b. make an issue of this
- c. really bother me

Section 5: Reading Part A**Read the message board posts. Then choose the correct answer to each question, according to the information.****The Best of the Best**

Best friends are trustworthy and loyal. We laugh and sometimes cry with our best friends. And every once in a while, a best friend will do something extraordinary. What's the greatest thing that your best friend has ever done for you?

3 comments Reply Share Report

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Posted by David Sanchez • 2 hours ago

What's amazing to me is that my best friend puts up with all my moods—the good ones and the bad ones. I admit that I can be hot-tempered. A lot of people walk on eggshells around me, but not my friend Mateo. He's always himself around me, and he always tells me when I need to chill. He even saved me from making a huge mistake one time. We were running in the park, and this guy on a bike came by and almost hit us. I was furious and about to go ballistic. Mateo grabbed my arm and told me to take a deep breath and calm down. The biker stopped and apologized. He was actually pretty nice. The next day I had a job interview. It was the biker who interviewed me for the job! I got the job, thanks to Mateo. Sure, I had the skills I needed for the work. However, that wouldn't have mattered if I had yelled instead of keeping my cool the day before!

Reply Share Report

Posted by Veronica Campbell • 1 hour ago

My best friend is Jen, and the best thing she's done for me is help me after I broke my arm and my leg in a skiing accident. I had to recover at home for over a month, and I still had a few weeks of classes left. My professors said I could do my work at home and email homework and final papers to them. Of course, I could only type with one hand, and it was taking me forever to complete simple assignments. I knew I couldn't finish unless I got some help. Right away, Jen offered to help me. I was a little worried because she's usually disorganized, but she really came through for me. She typed all of my papers and even organized my assignment deadlines on a calendar. And she never once complained! She even listened to me vent about how miserable I was not being able to do much for myself. Although she doesn't expect anything in return, I want to find a way to repay her.

Reply Share Report

Posted by Sandra Kim • 21 minutes ago

My best friend is my cousin Dan. We co-own a restaurant and are together all the time—morning, noon, night, weekdays, and weekends! We know we have to be understanding of each other's shortcomings to survive. But it wasn't always this way. I'm a perfectionist, and it drove Dan crazy when we first started working together in his parents' restaurant. I was also oversensitive, so it didn't help that I got upset every time he informed me that I was making a big issue out of nothing. When he had the opportunity to buy the restaurant from his parents, I was surprised that he asked me to be a co-owner. On top of that, what was shocking was that he asked me to make a lot of the important decisions about running the restaurant. He said that he wanted me to be controlling! He thought that my perfectionism would help the restaurant run smoothly, and it would give him more time to be creative with the menu. We've been through thick and thin running this restaurant together for several years now. Trusting me to be his business partner was the best thing he's ever done for me.

Reply Share Report

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30. Which person tends to express anger by flipping out?
- a. David Sanchez
 - b. Veronica Campbell
 - c. Sandra Kim
31. Which friend doesn't usually do things with a clear, organized plan?
- a. Mateo
 - b. Jen
 - c. Dan

Section 5: Reading Part B

Read the message board posts in Part A again. Then answer the questions.
Choose the correct summary of each friend's personal qualities.

32. What's the greatest thing that Mateo has done for David?
- a. Mateo helps David shrug off things that bother him and control his anger.
 - b. Mateo sometimes can't control his anger with David and goes ballistic.
 - c. Mateo walks on eggshells around David to avoid making him angry.
33. What's the greatest thing that Dan has done for Sandra?
- a. Dan is understanding of Sandra's shortcomings and helps change her behavior.
 - b. Dan trusted Sandra to be co-owner of the restaurant and make important decisions.
 - c. Dan shrugs it off every time Sandra makes a big issue out of nothing.